

Food at First Update



December 2021

Summer Renovations

A New Look for FAF

Food at First (FAF) has seen some major updates over the summer thanks to many generous donors. The large, collaborative projects with First Christian Church (FCC) have been taking place to better provide for our clients in our community in a welcoming and updated space. We are so excited to have these new renovations and appliances in place to use for our clients, volunteers, and FCC members!

The projects over the summer included:

- Replacing all flooring in the dining room and kitchen
- Replacing all ceiling tiles
- Re-painting the dining room walls
- Installing new walls and doors between the dining room and Free Market space
- Installed a new water heater, water softener, and kitchen stove

Food at First has continued serving through our usual Free Meal program and Free Market Program. Food at First prepares 120 meals every day for our clients and also packages and distributes hundreds of pounds of produce and non-perishable items 3 times a week.

We are proud to be living out **our mission of feeding people who are struggling with hunger and food insecurity, and recycling food.** No questions asked, everyone welcome.

We depend on your donations at Food at First to serve our clients!

Visit our website foodatfirst.com and click the “**Donate**” button/tab

Or mail your donation to Food at First, PO Box 87, Ames IA 50010

Holiday Announcements

Thanksgiving Day Meal

This year we served over 500 meals to our community members for Thanksgiving on Thursday, November 25th from 11:30-1:00 pm.

Thank you to all our volunteers!

Pass Along Party

Join us for the Christmas Pass Along Party on **Saturday, December 11th** from 1:00-3:00pm.

Location: **Collegiate United Methodist, 2622 Lincoln Way, Ames**

Christmas Day Meal

There will be a **regular pick up/carry out** lunch meal on Christmas, Saturday, December 25th from 11:30-12:15pm.

Continuing to Serve

FAF Garden, Volunteering, and Donating

The FAF Garden has also been in full swing this summer. The garden is volunteer-run by students from the Graduate Program in Sustainable Agriculture (GPSA) at Iowa State University with a social justice ethic and goal to grow fresh, local, top-quality vegetables and fruits. All produce is donated to FAF, used in daily meals, and distributed at the Free Market. Visit our website, foodatfirst.com, for more details!

In order to keep our programs going, we need volunteers! If you are interested in volunteering, please visit our "Volunteer" tab at foodatfirst.com. We currently updated our website and streamlined information for new and current volunteers. Thank you for volunteering your time!

Thank you to everyone who contributes to FAF through your financial donations, food donations, and volunteering your time!

Our needs at FAF continue to grow and change as we make our updates and serve our clients! If you are interested in donating, our current wish list is included below:

- New cupboards in the kitchen
- New AC unit in the pantry
- New ice machine
- New kitchen laptop for volunteer check-in/clock-in
- Dehumidifiers for our renovated space



**Connect
with us!**

Whether you are a client, volunteer, or both, feel free to reach out!

Visit our website: foodatfirst.com

Email: foodatfirstnewsletter@gmail.com or patty.foodatfirst@gmail.com

Follow us on Facebook/Instagram/Twitter

